A Handbook for the Study of Mental Health: The Case Study as Research Method

Outlining a New Approach to Emergency Psychiatry: A Follow-up Study of War Neuroses

Psychiatric Case Study Examples

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A Handbook for the Study of Mental Health: The Case Study as Research Method. This book outlines a new approach to understanding mental health issues through case studies. It provides a comprehensive guide for researchers and clinicians, detailing the importance of case studies in mental health research. The book covers a wide range of mental health conditions, including depression, anxiety, schizophrenia, and more. Each case study is presented in a clear, accessible format, making it easy for readers to understand the complexities of mental health disorders and their treatment. This handbook is an essential resource for anyone interested in improving mental health care through case study research.
DSM-5 Clinical Cases A unique source of material suitable for all practitioners, this title provides detailed descriptions of common cases seen in specialist CAMHS including depression, learning disabilities, Asperger's syndrome and anorexia.

Psychiatric Case Studies for Advanced Practice The second edition of A Handbook for the Study of Mental Health provides a comprehensive review of the sociology of mental health. Chapters by leading scholars and researchers present a review of historical, social and institutional frameworks. Part I examines social factors that shape psychiatric diagnosis and the measurement of mental health and illness, theories that explain the definition and treatment of mental disorders and cultural variability. Part II investigates effects of social context, considering class, gender, race and age, and the critical role played by stress, marriage, work and social support. Part III focuses on the organization, delivery and evaluation of mental health services, including the criminalization of mental illness, the challenges posed by HIV, and the importance of stigma. This is a key research reference source that will be useful to both undergraduates and graduate students studying mental health and illness from any number of disciplines.

Forensic Psychological Assessment in Practice

Psychotherapy for the Advanced Practice Psychiatric Nurse Publisher’s Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. "This book will help students and clinicians gain a complete understanding of psychiatric assessment, become familiar with the symptoms that make up the major DSM-5 diagnoses, and formulate treatment plans by using actual clinical situations. It transforms difficult clinical concepts into clear examples, illustrating the process of assessment, diagnosis, and treatment planning." —Candice Knight, PhD, EdD, APN, PMHNP-BC Get much-needed exposure to real-world clinical scenarios and psychiatric evaluations, with this invaluable guide to positive, effective psychiatric advance practice nursing care. For an expert guide to providing patient-centered, evidence-based psychiatric care, keep Psychiatric Case Studies for Advanced Practice by your side. Practical and easy-to-follow, these more than 30 case scenarios clearly display the challenges, diagnoses, and treatments of the most common psychiatric disorders, supporting the critical decision-making skills of nurses practicing in a broad range of settings. Psychiatric, family, emergency, and general practice nurses practitioners of all experience levels will find this an invaluable resource for creating an informed, holistic practice. Follow the real-life cases and expert analysis of psychiatric patients of a wide variety of ages, backgrounds, and conditions . . . Real-world child, adolescent, adult, and geriatric inpatient and outpatient psychiatric case studies that emphasize problem-based learning and an evidence-based practice Current diagnostic criteria and DSM-5 classification of Mental Disorders includes DSM-5’s newer diagnoses—gender dysphoria, binge eating disorder, and autism spectrum, plus current treatments for alcohol and opiate addiction Sample routine screening tools that offer convenient checklists and handouts to support patient treatment Content presented in a simple format—organized by age and indexed by diagnostic category for quick reference Each case presented in a standard format: chief complaint, history, mental status, diagnosis, differential diagnosis, treatment plan, and rationale for treatment prescribes—with questions at the end that will help you to create a diagnosis using the DSM-5 Cases addressing a wide range of disorders and supporting all experience levels in a variety of treatment settings—counseling centers, correctional facilities, homeless shelters, inpatient psychiatric units, and hospital consultation and liaison services Treatments and rationales that represent current, evidence-based research—treatment sections divided into: diagnosis, treatment, referral, psychoeducatio Supplemental teaching tool for graduate psychiatric nurse practitioner/APN programs About the Authors Kathleen M. Prendergast, MSN, RN, APN, PMHNP-BC, is a former Instructor in Clinical Nursing, Columbia University School of Nursing, New York; A Psychiatric Consultant at Seton Hall University Counseling and Psychological Services; and a Psychiatric Nurse Practitioner at Caldwell University Counseling Center in Caldwell, New Jersey. Kasey Jackman, PhD, RN, PMHNP-BC, is Postdoctoral Research Fellow/ Nursing at Columbia University School of Nursing in New York City, New York. This book includes the most recent research applied in the case studies serves to deepen the understanding of the pathology and treatment of these disorders. The latest edition emphasizes culture, race, and ethnicity in psychotherapy, featuring both children and mental health providers who represent a wide variety of cultural backgrounds.

Introduction to Abnormal Child and Adolescent Psychology Case Studies in Clinical Psychological Science demonstrates in detail how the clinical science model can be applied to actual cases. This book’s unique structure presents dialogues between leading clinical researchers regarding the treatment of a wide variety of psychological problems.

Psychiatric Rehabilitation

Mindfulness-Based Treatment Approaches Working in an emergency department as a psychiatrist or mental health clinician requires an ability to gain a patient’s rapport, establish a differential diagnosis, assess risk and make disposition decisions in a fast-paced and potentially chaotic setting. Patients may be medically ill, agitated, intoxicated, or suicidal, and resources for treatment may be difficult to access. A Case-Based Approach to Emergency Psychiatry provides the emergency department clinician with vivid and complex cases, discussed by psychiatrists who work daily in the emergency setting, that illustrate basic principles of assessment, diagnosis and treatment. Critical thinking questions designed to be successfully analyzed and evaluation skills are embedded throughout the cases, which can be used in individual, group, or online formats. This problem-based learning approach challenges readers to create accurate case conceptualizations and evidence-based treatment plans. The cases utilize the International Statistical Classification of Diseases and Related Health Problems and the Diagnostic and Statistical Manual of Mental Disorders. The current research applied in the case studies serves to deepen the understanding of the pathology and treatment of these disorders. The latest edition emphasizes culture, race, and ethnicity in psychotherapy, featuring both children and mental health providers who represent a wide variety of cultural backgrounds.

Case Studies in Therapeutic Recreation 100 Cases in Clinical Medicine is an indispensable revision tool for medical students preparing for clinical examinations or OSCEs. Using scenarios which mimic daily life, the cases are based on the authors’ experience of the authors combined with current evidence-based practices and discussion. Risk assessment, psychosis, mood disorder, substance abuse, ethics, forensic issues, and personality disorders are discussed, along with child and adolescent, geriatric, and developmental disabilities. Special attention is also paid to alternatives to inpatient care, short-term crisis intervention, and the interface between medical and psychiatric illnesses. The case-based format allows the authors to link aspects of the clinical presentation to discussion and literature review in a memorable and compelling format.

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Case Studies in Couple and Family Therapy: "This life changing book helps readers use cognitive-behavioral therapy - one of today's most effective forms of psychotherapy - to conquer depression, anxiety, panic attacks, anger, guilt, shame, low self-esteem, eating disorders, substance abuse, and relationship problems. The second edition contains numerous new features: expanded content on anxiety; chapters on setting personal goals and maintaining progress; happiness rating scales; gratitude journals; innovative exercises focused on mindfulness, acceptance, and forgiveness; new worksheets; and much more."-Publisher.

Crazy Like Us Case Studies in Forensic Psychology offers the reader a unique insight into the often-hidden world of psychological assessment and intervention with people who have committed serious crimes. The book contains a breadth of forensic case studies, and each chapter details the real forensic work that psychologists do in their clinical practice in prison, psychiatric, and community settings. Assessment and therapeutic approaches used in each case study are discussed, as well as each of the laboratory settings in the area (e.g. sexual violence risk assessment, schema therapy). Each chapter will take the reader through a variety of offender profiles, their personal background, any relevant psychiatric or psychological diagnoses, and assessments and/or treatment completed. Case studies offer valuable insights into the clinical practice and day-to-day role of a forensic psychologist, demonstrating the work undertaken that empirical research does not offer. Uniquely, Case Studies in Forensic Psychology brings together treatment models and forensic research, demonstrating how theory translates into practice and considering whether it is effective at an individual level. It is ideal for students of forensic psychology and forensic mental health, as well as practitioners at any stage of their career in this rapidly expanding field.

Understanding Mental Disorders This study is the result of cooperative efforts between governmental agencies and also represents a partnership of government and civilian medicine. It would be difficult to overemphasize the pertinency of the subject matter to our national welfare. The experiences of two world wars and their aftermaths demand imaginative and exhaustive investigations of causative, therapeutic and rehabilitative factors in psychiatric illnesses. The pension and compensation functions of the Veterans Administration give factual and startling evidence of these needs. Our defense efforts including the present and future requirements of the armed services, as well as the ever-present spectre of total mobilization in an emergency, all underline the necessity for continued evaluation of the manpower resources of the nation. This includes a study of psychiatric mobile medical units during the war, as well as their effectiveness and value. This investigation, with marginalization of a sample for examination of our present knowledge of the psychoneuroses, particularly as applied to the military setting. It provides a well-documented record of the results of selection, preventive efforts and treatment and rehabilitative procedures. It allows a thoughtful evaluation of screening criteria, assignment methods and treatment programs. It permits conclusions to be drawn with profit to civilian psychiatry, the military and those charged with the after-care of the veteran. That this difficult and laborious research effort could be brought to fruition constitutes a recognition of the dedication and resourcefulness of the authors and those who assisted them. (PsycINFO Database Record (c) 2005 APA, all rights reserved).

Interpersonal Psychotherapy for Depressed Adolescents This open access book offers essential information on values-based practice (VBP): the clinical skills involved, teamwork and person-centered care, links between values and evidence, and the importance of partnerships in shared decision-making. Different cultures have different values; for example, partnership in decision-making looks very different, from the highly individualized perspective of American and European cultural traditions common in South East Asia. In turn, African cultures offer yet another perspective, one that falls between these two extremes (called batho pele). The book will benefit everyone concerned with the practical challenges of delivering mental health services. Accordingly, all contributions are developed on the basis of case vignettes, and cover a range of situations in which values underlie tensions or uncertainties regarding how to proceed in clinical practice. Examples include the patient's autonomy and best interest, the physician's commitment to establishing high standards of clinical governance, clinical versus community best interest, institutional versus clinical interests, patients insisting on medically unsafe but legal treatments etc. Thus far, VBP publications have mainly dealt with clinical scenarios involving individual values (of clinicians and patients). Our objective with this book is to develop a model of VBP that is culturally much broader in scope. As such, it offers a vital resource for mental health stakeholders in an increasingly inter-connected world. It also offers opportunities for cross-learning in values-based practice between cultures with very different clinical care traditions.

Case Studies in Psychotherapy This is a readable, easy-to-read text that explains theory and provides opportunities to practice skills needed to become a successful recreational therapist. The text focuses on problem-based learning, which is designed to describe difficulties, diseases, and conditions often seen in recreation therapy practice. Each case tells the story of a person living with a medical condition or disability. Details are provided about how a recreational therapist might encounter working with or for an individual. In addition, pertinent questions guide the reader toward a greater knowledge and application of the rehabilitation process. Thirty different case studies are set in a variety of Therapeutic Recreation workplaces give ample opportunity for students to practice their problem-solving skills. Case Studies in Therapeutic Recreation also describes the treatment of two common EPE Problems-Solving Models. Readers will learn the basic skills needed to conduct research and evaluate their findings as they incorporate this knowledge into evidence-based practice. With inclusion of the International Classification of Functioning, Disability, and Health (ICF) and evidence-based practice in therapeutic recreation, this textbook allows readers the opportunity to apply information learned throughout their coursework into practice.

Case Studies: Stahl's Essential Psychopharmacology: Robert Wex's third edition of Introduction to Abnormal Child and Adolescent Psychology adopts a developmental psychopathology approach to understanding child disorders. Using case studies, this perspective examines the emergence of disorders over time, pays special attention to risk and protective factors that influence developmental processes and trajectories, and examines child psychopathology in the context of normal development. Designed to be flexible via its focused modular organization, the text reflects the latest changes to the DSM (DSM 5, 2013) and is updated with new research and developments in the field.

Case Studies in Forensic Psychology: "These cases exemplify the mental disorders categorized in the DSM-"(tm). Cases are cross-referenced with DSM-"(tm) and help with understanding diagnostic concepts, including symptoms, severity, comorbidities, age of onset and development, dimensionality across disorders, and gender and cultural implications. A brief discussion follows each case, analyzing the clinical presentation, highlighting key points, and exploring issues of comorbidity that may complicate both the diagnosis and subsequent treatment"--publisher's description.

Menninger Clinic Monograph Series Accompanying CD-ROM has blank concept diagrams and case plans.

Case Studies in Child and Adolescent Psychopathology Though grounded in traditional cognitive behavior therapy, this book refines the practical aspects of its application. The method described is flexible enough to be used for disorders other than depression.

Case Study Approach to Psychotherapy for Advanced Practice Psychiatric Nurses Featuring case presentations by many of the most distinguished practitioners of couple and family therapy, this volume brings to life the full spectrum of approaches in the field. The cases illustrate the principles and techniques of the respective approaches and allow the reader to “listen in” on highly skilled therapists at work. Editor Frank Dattilio comments on each case and provides insights into the cognitive-behavioral approaches. He suggests ways that cognitive principles might usefully be called upon at specific points. Responses from contributors consider the benefits of Dattilio’s suggestions and elucidate each practitioner’s decision-making process. See also Dattilio’s authored book, Cognitive-Behavioral Therapy with Couples and Families, which combines the empirical research base with practical clinical guidance.

Mental Health Ethics Eastern spiritual traditions have long maintained that mindfulness meditation can improve well-being. More recently, mindfulness-based treatment approaches have been successfully utilized to treat anxiety, depressive relapse, eating disorders, psychosis, and borderline personality disorder. This book discusses the conceptual foundation, implementation, and evidence base for the four best-researched mindfulness treatments (Mindfulness-Based Cognitive Therapy (MBCT), mindfulness-based stress reduction (MBSR), and Mindfulness-Based Relapse Prevention (MBRP), and compassion-based treatments) in collaboration with researchers in clinical and educational settings. The book will be of interest to clinicians and researchers interested in understanding and implementing mindfulness-based treatments. It covers a comprehensive range of problems & disorders (anxiety, depression, eating, psychosis, personality disorders, stress, pain, relationship problems, etc) * Discusses a wide range of populations (children, adolescents, older adults, couples) * Includes wide range of settings (outpatient, inpatient, medical, mental health, workplace) * Clinically rich, illustrative case study in every chapter * International perspectives (represented (authors from US, Canada, Sweden)
Mental Health Promotion: Case Studies from Countries: a Joint Publication of the World Federation for Mental Health and the World Health Organization It is well known that American culture is a dominant force at home and abroad, and that American standards and values of everything from junk food to a well-documented phenomenon. But it is possible America's most troubling impact on the globalizing world has yet to be accounted for? In Crazy Like Us, Ethan Watters reveals that the most devastating consequence of the spread of American culture has not been our golden arches or our bomb craters but our bulldozing of the human psyche itself. We are in the process of homogenizing the way the world goes mad. America has been the world leader in generating new mental health treatments and modern theories of the human psyche. We export our psychopharmaceuticals packaged with the certainty that our biomedical knowledge will relieve the suffering and stigma of mental illness. We categorize disorders, thereby defining mental illness and health, and then parade these seemingly scientific certainties in front of the world. The blowback from these efforts is just now coming to light. It turns out that we have not only been changing the way the world talks about and treats mental illness -- we have been changing the mental illnesses themselves. For millennia, local beliefs in different cultures have shaped the experience of mental illness into endless varieties. Crazy Like Us documents how American interventions have discouraged and worked to change those indigenous beliefs, often at a dizzying rate. Over the last decades, mental illnesses popularized in America have been spreading across the globe with the speed of contagious diseases. Watters travels from China to Tanzania to bring home the unsettling conclusion that the virus is us: As we introduce Americanized ways of treating mental illnesses, we are in fact spreading the diseases. In post-tsunami Sri Lanka, Watters reports on the Western trauma counselors who, in their rush to help, inadvertently trampled local expressions of grief, suffering, and healing. In Hong Kong, he retraces the last steps of the treatment for psychiatric patients implicated in an epidemic of “opium addiction” a century ago. None of these cases could ever be called a first by American standards. But the experiences of opium withdrawal and Japanese expression of depression literally marketing the disease along with the drug. But this book is not just about the damage we've caused in faraway places. Looking at our impact on the psyches of people in other cultures is a gut check, a way of forcing ourselves to take a fresh look at our own beliefs about mental health and healing. When we examine our assumptions from a farther shore, we begin to understand how our own cultural categories and values sometimes create the mental illnesses of our time. By setting aside our role as the world’s therapist, we may come to accept that we have as much to learn from other cultures' beliefs about the mind as we have to teach.

Psychiatric Case Studies: Treatment, Drugs, and Outcome Understanding Mental Disorders: Your Guide to DSM-5® is a consumer guide for anyone who has been touched by mental illness. Most of us know someone who suffers from a mental illness. This book helps those who are struggling with mental health problems, as well as those who want to help others achieve mental health and well-being. Based on the latest, fifth edition of the Diagnostic and Statistical Manual of Mental Disorders—known as DSM-5®—Understanding Mental Disorders provides valuable insight on what to expect from an illness and its treatment—and will help readers recognize symptoms, know when to seek help, and get the right care. Features of this edition include:

- Comprised of practical, up-to-date, and evidence-based guidelines
- Compares DSM-5® disorders to DSM-3
- Highlights similarities and differences between disorders
- Provides a diagnosis process and a decision-making framework
- Discusses the role of family and friends in the treatment process

In this new edition, DSM-5® is used as the foundation for all discussions and examples. Key features of this book are:

- Detailed descriptions of DSM-5® disorders
- Analysis of the strengths and limitations of DSM-5®
- Discussion of the role of DSM-5® in mental health care
- Comparison of DSM-5® to DSM-3

The book is written in an easy-to-read, engaging style. Each chapter contains highlighted key terms, definitions, and concepts. This book is an invaluable resource for anyone who wants to understand mental disorders and their treatment. It is written in an easy-to-read, engaging style and includes a comprehensive review of DSM-5®. This book is essential for anyone who wants to understand mental disorders and their treatment. It is written in an easy-to-read, engaging style and includes a comprehensive review of DSM-5®. This book is essential for anyone who wants to understand mental disorders and their treatment.
comprehensive look at psychotherapy available today. All of these insightful cases are chosen for intrinsic interest, clarity of presentation, and the ability to most effectively demonstrate the basic techniques and methods of the theory being illustrated. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.