Psychotherapy With Sexually Abused Boys An Integrated Approach
Interpersonal Violence The Practice Series

Psychotherapy With Sexually Abused Boys An Integrated Approach

Vulnerable Populations
Art Therapy with Young Survivors of Sexual Abuse
Object Relations in Severe Trauma
Psychoanalytic Psychotherapy After Child Abuse
Rescuing the Inner Child
Live Company
Psychotherapy of Abused and Neglected Adolescents
Coping with Sexual Abuse
Child Abuse
Sexual Violence
Women's Health
The Book of Secrets
The Art of ENGAGING
A Patient's Journey
A Family's Story
Exploring the Journey
The Healing Journey
Counseling Survivors of Sexual Abuse
The Multiprofessional Handbook of Child Sexual Abuse
Group Work with Sexually Abused Children
Art Therapy with Young Survivors of Sexual Abuse
Treating Survivors of Childhood Abuse
Counselling Survivors of Sexual Abuse
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Vulnerable Populations

This volume of 18 articles provides information about a diversity of issues - recognition, legal codes, evaluation, psychological treatment techniques, case studies, and many more. It presents a comprehensive overview of childhood sexual abuse, including the assessment of sexually abused boys and men, and an examination of European criminal law relating to child sexual abuse, theoretical models of psychosexual development within the family and incest as an expression of a dysfunctional family system. Attention is given to special problems of treatment along with reports on three ongoing treatment programmes. Two useful features of the book are a comprehensive bibliography and a critique of available audio-visual materials.

Art Therapy with Young Survivors of Sexual Abuse

Praise for the Second Edition: 'This is a user-friendly, readable, practical guide to assist survivors of childhood sexual abuse that will be particularly useful to students and practitioners who are new to this field' - Journal of Child and Adolescent Mental Health

Psychotherapy With Sexually Abused Boys

The Use of the Creative Therapies with Sexual Abuse Survivors Child sexual abuse is a global problem that negatively affects many women and girls. This book draws on research into the therapeutic potential of the creative arts with children and young people who are sexually abused, positioning it not simply as a new phenomenon, but one that has a long but undocumented history. Anonymised case studies of male and female victims, and their families, are presented to highlight the ubiquitous nature of sexual abuse, positioning it not simply as a new phenomenon, but one that has a long but undocumented history. Anonymised case studies of male and female victims, and their families, are presented to highlight the ubiquitous nature of sexual abuse.

Counselling Survivors of Childhood Sexual Abuse

More than one in six boys in the United States is sexually victimized by the age of 16. Yet in the typical psychiatric literature, there is little specifically on the experience of sexual abuse in boys. This much-needed volume examines how sexual betrayal affects boys and the ways they carry this hurt into adulthood. Blending psychoanalytic understanding with insights from trauma-oriented theory and practice, Richard B. Gartner presents effective strategies for meeting the unique needs of men who were victimized by sexual betrayal. This book draws readers into the direct experience of these clients, the therapists who work with them, and the constantly shifting relational world they inhabit.

Counselling Survivors of Childhood Sexual Abuse

Dealing with the aftermath of childhood sexual abuse remains one of the major issues in child and adolescent mental health. Yet, until now, little has been written for art therapists and related professionals involved in this sensitive field. Art Therapy with Young Survivors of Sexual Abuse is a guide to practice with this group. Containing a range of illustrative case material from both individual and group therapy, the book addresses the important issues faced by professionals, including: male survivors to exposure their history of abuse to clinical eyes. This may be exacerbated by a particular brand of masculine shame that causes male victims to be even more silenced than female survivors. Based on the author's extensive clinical experience of working with childhood sexual abuse, this book has been written to help therapists develop a flexible, individualized treatment plan; and working with sexually abused children; the effects of such abuse, both immediate and long term; the risk factors for abuse; and the influences and interventions that may amplify or ameliorate the impact of CSA on the victim. Areas of debate, such as the false memory syndrome, are approached in terms of the research data relevant to their resolution.

Counselling Survivors of Childhood Sexual Abuse

Counselling a Survivor of Child Sexual Abuse

Understanding the Effects of Child Sexual Abuse

Child sexual abuse is a global problem that negatively affects many women and girls. This book draws on research into the therapeutic potential of the creative arts with children and young people who are sexually abused, positioning it not simply as a new phenomenon, but one that has a long but undocumented history. Anonymised case studies of male and female victims, and their families, are presented to highlight the ubiquitous nature of sexual abuse. Many will want to follow up the well-selected references the author gives. The detailed index will also help one to browse and read selectively - Sexual and Relationship Therapy

Psychotherapy With Sexually Abused Boys

The book draws readers into the direct experience of these clients, the therapists who work with them, and the constantly shifting relational world they inhabit. This book draws readers into the direct experience of these clients, the therapists who work with them, and the constantly shifting relational world they inhabit.

Counselling Survivors of Childhood Sexual Abuse

Treating Survivors of Childhood Abuse

The Practice Series

Vulnerable Populations

Art Therapy with Young Survivors of Sexual Abuse

Therapy and Trauma: The Use of the Creative Therapies with Sexual Abuse Survivors

Game-Based Cognitive-Behavioral Therapy for Child Sexual Abuse

Children's Trauma and Abuse

Understanding the Effects of Child Sexual Abuse

Object Relations in Severe Trauma

Vulnerable Populations

Object Relations in Severe Trauma

Psychotherapy of Abused and Neglected Adolescents

Vulnerable Populations

Psychotherapy with Sexually Abused Boys

Interpersonal Violence

Psychotherapy with Sexually Abused Boys

Interpersonal Violence

Psychotherapy With Sexually Abused Boys An Integrated Approach
Healing Sexually Betrayed Men and Boys Dealing with the aftermath of childhood sexual abuse remains one of the major issues in child and adolescent therapy. Yet, until now, little has been written for art therapists and related professionals involved in this sensitive field. Art Therapy with Young Survivors of Sexual Abuse is a guide to practice with this group. Containing a range of illustrative case material from both individual and group therapy, the book addresses the important issues faced by professionals, including: * male therapist countertransference * the therapist’s wider network and value of art therapy with groups. Art Therapy with Young Survivors of Sexual Abuse will provide not only art therapists, but other professionals working with sexually abused children and adolescents, with a stimulating discussion of the current issues in this area.

Object Relations in Severe Trauma This myth-breaking study explains the ways in which boys are molested and the reasons why men remain silent about it later in life. Thirteen firsthand “survival stories” offer inspiration to readers. Resource section. Bibliography.

Abused Boys Dr. Stephen Prior’s Object Relations in Severe Traumas offers unique insight into the suffering and treatment of seriously disturbed, traumatized children. It outlines an object relational theory of the consequences of sexual traumatization as well as a detailed portfolio of treatment. By integrating psychodynamic, neurophilosophical and sociocultural perspectives, Dr. Prior takes a fresh look at the complexities of an emotionally disturbed child and in so doing, establishes the need for approaches that incorporate the whole person, including the family and wider society. A unique and practical resource, this book will be of interest to anyone working with abused children, including therapists, psychologists, counsellors, health professionals and social workers.

Betrayed as Boys A Practical, Hands-On Resource Treating Sexually Abused Boys is a much-needed resource that offers clinical guidelines for addressing the unique needs of this population. Written by an expert in the field of childhood sexual abuse, the book contains a wealth of exercises and activities that can be effectively applied in individual and group therapy settings. The techniques and exercises outlined are specifically designed to help sexually abused boys overcome feelings of helplessness and responsibility for adult harm. The book includes a range of exercises and activities which build on the work of other authors, as well as contributions from internationally recognized experts in the field. This collaborative effort provides a comprehensive, practical and easy-to-follow guide to help therapists work with sexually abused boys and work with their families to enable them to overcome the effects of emotional trauma.

Choosing to Heal In this practical handbook for families and churches, Dr. R. Timothy Kearney shows how the healing touch of God can come, frequently through God’s people, to children who have experienced sexual abuse.

Game-Based Cognitive-Behavioral Therapy for Child Sexual Abuse A groundbreaking therapeutic model to assist practitioners treat sexually abused children. The book is a practical guide to implementing the CBT model in the treatment of sexual abuse. Using a cognitive-behavioural model, the author focuses on boys. In so doing, Friedrich cites pertinent gender and sociocultural issues that are critical to understanding boys at risk and identifies the ways in which boys respond to abuse-related trauma. The book presents a range of techniques designed to help the individual who has experienced sexual abuse overcome the effects of trauma, such as anxiety, depression, and post-traumatic stress disorder (PTSD). The book also includes a detailed discussion of the potential effects of sexual abuse on the developing brain, as well as practical strategies for helping children and adolescents overcome the effects of sexual trauma.
handbook designed for all professionals involved in the treatment and care of sexually abused children and their families. Based on fifteen years of research, this book will help professionals to deal with their particular task, and at the same time help them to understand the effects of their actions on the work of other professionals.

Cognitive Behavioural Therapy for Child Trauma and Abuse The treatment of sexually abused children between the ages of 7 and 12 present a unique clinical challenge. These victims are in the developmental phase of latency where post-traumatic distress and internal conflict are often manifested in self-destructive, sexually inappropriate, and aggressive behavior toward adults and peers. Often unresponsive to traditional and direct verbal interventions, such as play therapy, this monograph presents specific treatments for trauma that can help the child overcome the feelings of helplessness, hopelessness, anger, and sadness, as well as mechanisms with sexual abuse and disclosure. Group treatment has been shown to be an important component of healing for these children. This volume is the first book on the treatment of sexual abuse that is devoted exclusively to treatment approaches for the impact of sexual molestation and disclosure on latency-aged children and provides a step-by-step guide to a comprehensive program for victims and their non-offending caretakers. Establishing a therapeutic framework that enables both children and adults to deal with anxiety provoking material, themes address the three phases of a program, this monograph presents actual interventions that can be used with children and their non-offending caretakers, including guidelines for anticipating and responding therapeutically to expected resistances. The structural curriculum, which consists of ten modules, presents a variety of activities that assist children and adults to begin to process their trauma and creates the Purging, Therapeutic Sharing, and Recovery Phase. Activities and Treatment Challenges for children and their caretakers. Each activity for children incorporates group topics for the "caretakers" group which parallel the material presented in the children's group. This approach integrates the treatment, increasing the likelihood of similar experiences that are offered to both children and caretakers. Identification of how one responds to the activities. Unique features of this program include its attention to the important developmental tasks for children as well as the sequelae of sexual molestation; its respect for the ways in which boys and girls respond differently to sexual trauma; and its inclusion of over 40 original handouts for children and caretakers which may be photocopied for use in your practice. The description of the material included in this book, the structure and variety of original materials in this outstanding volume provide direction and focus for all therapists who are dedicated to the recovery of sexually abused children and their families. Many of the handouts are useful for individual and family treatment, and some resources, can be used in work with adolescents. As an added convenience, all the forms in this manual may be photocopied for use in your practice.

Treating Survivors of Childhood Abuse, First Edition DELIVERS AN EFFECTIVE, ENGAGING NEW TECHNIQUE FOR TREATING CHILDHOOD SEXUAL ABUSE Treating a confirmed or suspected case of childhood sexual abuse is undoubtedly one of the most challenging situations a clinician can face. This unique book, written by recognized experts on the evaluation and treatment of childhood sexual abuse, is the first to disseminate a comprehensive, effective, and engaging approach for treating children who have experienced sexual or non-sexual abuse. The authors present complicated, novel step-by-step behavioral strategies that provide an innovative treatment plan for this often overwhelming and harmful experience. The book provides the rationale, underlying theory, and step-by-step instructions for providing GB-CBT to families affected by child sexual abuse. Detailed descriptions of evidence-based techniques and required materials are included, along with reproducible game boards and other items needed to implement activities. These structured therapeutic games and role-plays are enjoyable and provide multiple opportunities for children to learn and rehearse such skills as emotional expression, anger management, relaxation strategies, social skills, problem solving, and cognitive coping. A detailed session framework complete with behavioral expectations and reward systems, along with illustrative case examples, further demonstrates how to implement GB-CBT. Also included are recommendations for effective and comprehensive assessment procedures. The book describes activities for individual, conjoint, child-caregiver, and group therapy that can be used in a multitude of therapeutic environments and can be incorporated into clinical practice across a variety of orientations. Additionally, it includes cultural considerations critical for effective delivery with diverse populations in these active and engaging activities and strategies for training and educating students and clinicians about GB-CBT. KEY FEATURES Delivers an effective new method for treating childhood sexual abuse that combines structured play therapy with cognitive-behavioral therapy Written by the originators of GB-CBT, recognized experts in this field Designed for use in a variety of settings and with different therapeutic modalities Presents concrete strategies, step-by-step instruction, and required materials for treating problems related to child sexual abuse Includes illustrative case examples and a complete description of structured sessions with behavioral expectations and reward systems

The Multiprofessional Handbook of Child Sexual Abuse This comprehensive text is one of the first to tackle the grave matter of the sexual abuse of boys, in all its complexity, within a biopsychosocial context and from different vantage points. Based on the life histories of more than 100 sexually abused adolescent and adult males, the Sexual Abuse of Males examines the myriad biological, psychological, interpersonal, familial, and social variables that underlie and impact the experience of childhood sexual abuse. Guided by research and informed by practice, this pioneering text presents an extensive review of the literature, a well-grounded theoretical model of childhood sexual abuse, and a systematic examination of the various factors that affect, a systematic model of treatment. This information is further elucidated through compelling case illustrations that highlight the effects of sexual abuse with regard to biological, psychological, and social adaptation. Group Work with Sexually Abused Children A guide to the evaluation and treatment of sexually abused children.

Childhood Sexual Abuse Here is a disguised but tragically accurate account of a 7-year-old boy who was repeatedly victimized by two uncles who penetrated him, required him under threat of violence to act upon them, and forced him to have sexual contact with his sister for their pleasure. After this boy's ongoing abuse was discovered, the child made several serious suicide attempts. Verbatim accounts of the child's therapy sessions illustrate a new therapy developed by the authors, called Synergistic Play Therapy, which follows a cognitive-behavioral model to cure the child of his trauma and related problems. Much that is written about play therapy focuses on theoretical notions or intuitive, impressionistic judgment. Seldom does a work make clear the rationale by which play strategies and techniques are derived from underlying constructs. This book links theoretical reasoning to clinical practice and directs the reader's interest to powerful interventions, and demonstrates how unexpected information can be utilized to support self-awareness, 'emotional inoculation' against regression, and the emergence of a future-oriented perspective characterized by confidence and hopefulness. Therapists need a clearly defined and well-documented set of guidelines for the treatment of sexually abused children. Abused children with their perpetrators represent an additional 1% of the population. This dire statistic holds true only for those victims who have not been effectively helped as children. This book offers a means to provide such treatment.

Psychotherapy of Sexually Abused Children and Their Families This book is a useful reference for anyone seeking to provide therapy to survivors of sexual abuse. The approach represented here is holistic one that utilizes various approaches to heal the various manifestations of sexual abuse trauma. Since the acts associated with such abuse are often so difficult to discuss, this book presents several recording techniques that allow the survivor to control the flow of the session. This approach seeks to use the actions of the body to heal the mind. This text contains information relevant to treatment for children, adolescents, and adults, both male and female, and in group or individual settings. Many useful activities are outlined and illustrations are provided as examples.

Sexually Abused Children & Their Families The author presents a theoretical approach and practical suggestions for mental health practitioners working with young people who have abused. The book demonstrates how exploring an individual's whole life-course within a psychoanalytic framework enables connections to be drawn between possible childhood abuse and subsequent abusive behavior.

Play Therapy with Sexually Abused Children This widely used guidebook and text combines theory, research, and practical clinical strategies. Provided is a thoughtful framework for understanding the developmental impact of maltreatment; assessing the unique needs of each child and family; building a strong therapeutic relationship; and implementing a variety of effective interventions.

Treating Sexually Abused Boys The number of sexual abuse disclosures by children has been increasing at a steady rate. Therapists are faced with the daunting task of providing help and support to this vulnerable population. Choosing to Heal: Sexual Abuse of Males is the first resource to use Reality Therapy and Choice Therapy in focusing on the treatment of sexually abused children. Mental health professionals are provided with numerous techniques and strategies to utilize during the treatment process. Parents, caretakers, therapists and those who deal with healing from sexual abuse can obtain a better understanding of the process in simple and understandable language.

Choosing to Heal: Sexual Abuse of Males This book provides a vivid insight into working with a client who is a survivor of child sexual abuse. Using fictitious dialogue it illustrates the person-centered approach and relates it to how memories can surface, and the impact that this can
have on the client and counselor. It provides a deep insight into the counseling relationship and the counselor’s use of supervision, highlighting its importance in the training and professional development of all counselors. It is essential reading for trainees, counselors, and psychotherapists and all other health professionals dealing with people who have suffered sexual abuse in childhood.

Boys who Have Abused Child sexual abuse is a global problem that negatively affects many women and girls. As such, it has long been of concern to feminists, and more recently mental health activists. This book draws on this revolutionary legacy, feminism and poststructuralism to critically examine current perceptions of women, girls and child abuse in psychology, psychiatry and the mass media, and to re-evaluate the dreams of feminism and feminism in relation to this subject. The book aims to contribute to the ongoing development of a knowledge-base for working with abused women and girls, and demonstrates the need to question the use of formulaic methods in working with abused women and girls. It calls for an explicit concern with politics, principles and ethics in the related areas of theory, research and practice. Using research into women, sexually abused boys and girls, and related medical and psychological issues, the book explores and identifies key principles for practice. A social recovery model of intervention is developed, and case study examples are used to demonstrate its applicability in a range of practice areas. These include psychotherapy, expert witnesses reports in child protection, and with mothers of abused girls, and with women and girls in secure care contexts. This thorough investigation of this emotive issue provides a clear theoretical and practical framework for understanding and coping with child sexual abuse. This book will be of interest to anyone who works with children and adults who have been abused. This includes clinical psychologists, therapists and other professionals that work within therapy and multidisciplinary settings within both community and secure care contexts. It should also be essential reading for students and academics in this area.

Therapeutic Work with Sexually Abused Children Children whose minds as well as bodies have been damaged by the intrusions of sexual violence or neglect, and others, quite different, who are handicapped by their own mysterious sensibilities to more minor deprivations, may experience a type of black despair and cynicism that require long-term treatment and treat the stigmata of the psychotherapist to the utmost. In Live Company, Anne Alvarez reflects on thirty years’ experience of treating autistic, psychotic and borderline children and adolescents by the methods of psychoanalytic psychotherapy. Central to the book is the moving story on an autistic child’s long struggle between sanity and madness, in which the author describes the arduous journey that she as therapist and he as patient made towards new understanding and his partial recovery. Modern developments in psychoanalytic theory and technique mean that such children can be treated with some success. In the book the author discusses these developments, and also describes some of the areas of convergence and divergence between organismic and psychodynamic theories of autism. Particularly important is her integration of psychoanalytic theory with the new findings in infant development and infant psychiatry. This has enabled her to formulate some new and exciting theories on the origins of autistic children as part of a team that includes the carers. The authors provide an overview of phases of treatment, theoretical considerations and essential skills. They emphasize the importance of relationship and explore its impact on the therapist. Their approach is creative and child-centered, with the child often acting as the key protagonist. There is a useful chapter on cultural issues and the needs of children in alternative care this is an excellent primer for the child’s helping network – Community Care ‘This is an excellent book for workers seeking to respond more effectively to child victims of abuse’ – David Pearson, Caring Magazine. Psychotherapy Work with Sexually Abused Children is a useful and practical guide. Professionals working directly with those who have suffered sexual abuse and for their carers. The trauma of sexual abuse experienced in childhood can be severe and enduring. Therapeutic support is offered to help both the child and the family cope with psychological or emotional difficulties both currently and in later life. Therapists must be able to respond effectively to the child victim in a sensitive and timely way which prioritizes the needs of each child. Drawing on their experience as practitioners, the authors explore the reactions which children commonly experience following abuse and examine the tasks of the therapist in responding to them. This book explores the counselling of children who have been abused rather than adult survivors of child abuse. The book will benefit from the combined experiences of one US author and one UK author.

Rescuing the Inner Child This easy-to-follow manual presents techniques for working with groups of children who have been sexually abused. It is written with the experiences of one of the authors as a child, with both autistic and Borderline Children, and that of a seven year old on psychoanalytic skill building techniques, trust building, self esteem, identifying and expressing feelings, healing the inner child, relationships, boundary setting, and prevention skills.

Live Company A comprehensive guide to the identification, assessment, and treatment of child sexual abuse. The field of child sexual abuse has experienced an explosion of research, literature, and enhanced treatment methods over the last thirty years. Representing the latest research in this field, Identification, Assessment, and Treatment combines the most current research with a wealth of clinical experience. The contributing authors, many of whom are pioneers in their respective specialties, include researchers and clinicians, forensic interviewers and law enforcement professionals, caseworkers and victim advocates, all of whom do the work of helping children who have been sexually victimized. Offering a snapshot of the state of the field as it stands today, Handbook of Child Sexual Abuse explores a variety of issues related to child sexual abuse, from identification, assessment, and treatment methods to models for implementation and prevention, including: The impact of sexual abuse on the developing brain: The potential implications of early sexual victimization The effectiveness of multidisciplinary forensic investigations The ethical, legal, and clinical assessment of treatment options for children who have traumatic symptoms as a response to their sexual victimization Treatment children with sexual behavior problems and adolescents who engage in illegal sexual behavior Secondary trauma and vicarious traumatization Cultural considerations and prevention efforts. Edited by a leader in the field of child therapy, this important reference equips helping professionals on the front lines in the battle against sexual abuse—not merely with state-of-the-art knowledge—but also with a renewed vision for the importance of their role in the shaping of our culture and the healing of victimized children.

Psychoanalytic Psychotherapy After Child Abuse Building upon the work of Ferenczi, Fairbairn, and Berliner, the author describes four basic relational patterns in the lives of abused children: the reliving of abusive relationships, either as victim or as perpetrator; identification with the aggressor; masochistic self-blame; and the seeking of object contact though sex or violence. The interweaving of these patterns creates what Dr. Prior calls ‘relational dilemma.’ According to him, these four basic relational patterns are held in place by the child’s profound fear of falling into primitive states of unrelatedness and consequent ambivalence and anxiety. For example, the abused child believes that victimization by or identification with the bad object, no matter how horrible that may be, is preferable to the psychic disintegration that complete unrelatedness creates. Dilemmas of this nature tear apart the child’s psyche, leading to unstable and torn mental models of self, other, and relationship. Object Relations in Severe Trauma provides sensitive understanding of childhood traumatization and a conceptual and technical framework for the treatment of patients—both children and adults—who have suffered from it.